When storms and disasters strike, local officials and relief workers will be on the scene, but they cannot reach everyone immediately. You could get help in hours or it might take days. To be prepared, you need to have your own food, water and other supplies to last for at least 72 hours.

**Add a check in the circle when you have added the item to your kit**

- **Wet Wipes, Gloves, Hand Sanitizer, Dust Mask**
- **First Aid Kit**
- **Blankets, Extra Clothing, Sturdy Shoes**
- **Rain Gear**
- **Cash: If power is out ATMs may not work and you may not be able to use credit cards.**
- **Family Documents: Insurance, Passport, Family Emergency Plan, etc.**
- **Multi Tool, Duct Tape, Garbage Bags, Rope**
- **Whistles are a great way to signal for help. They're louder and use less energy than yelling.**
- **Prescriptions, Medical Equipment**
- **Garbage bags keep stuff dry and can be a barrier against some harmful substances.**
- **Non-Perishable Food, Can Opener**
- **Wind Up Radio, Car Chargers for Phones and Battery Chargers**
- **Power outages are common during storms. Wind up radios allow you to stay informed without power.**
- **Flashlight, Lots of Batteries**
- **Water - 1 gallon per person per day**
- **Pet Supplies**

**Emergency Management Agency**

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